

*whether we need*  
**RESEARCH**  
*or a proper*  
**SEARCH**

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**H**ippocrates — Father of Modern Medicine, William Harvey — Father of Circulation, Robert Koch - Discoverer of Tuberculi bacilli (Thus Tuberculosis is called Koch's lesion) etc. and many other scientists have seen the objectivity of nature, and thus created the science called Allopathy and thence we say allopathy is an Objective Science. Hahnemann as an allopath, had seen the objectivity of nature, and later with an attempt to understand nature, he perceived the subjectivity of nature and he invented a new science called Homeopathy.

Accordingly to Hippocrates — A MEDICAL SCIENCE is based on Facts and Laws. The facts in homeopathy are Proving of drugs and the laws in homeopathy are

Similia Similibus Curentur, Cardinal principles, Nature's Law of Cure etc.

Homeopathy is an ART because it deals with individualization, keen observation, unprejudiceness etc. This is an acquired art, which needs practice. A science may be a property of all but an art is a property of an individual.

We can proudly say that homeopathy is a COMPLETE science as it has full and detailed record of the symptoms i.e. subjective & objective, with modalities, causative factors etc. because our medicines are proved on healthy human beings, unlike allopathy where medicines are proved on animals. Thus various types of information are used for our prescription.

Hahnemann was an allopath and he had

the idea that proving on animals will make lot of subjective information lost; so he changed the idea and proved remedies on healthy human beings. Thus Hahnemann has given more importance to the subjectivity while proving of drugs as the subjectivity differs from person to person; hence Hahnemann has advised us to treat the sick person not the disease, which finally leads to the concept of Individualization.

Homeopathy is a holistic science; a human science. We always have to consider an element of humanity. Homeopathy needs no specialization because we need to treat the sick person, not the disease. Hahnemann was a vitalist, he was studying life. Being an allopath, he was having the idea that a symptom or pathology is not only related to one part of the body; it can be related to any part of the body.

In Dec. 2004, Dermatologists' Conference at Bangalore, it was proved that most of the eczema, psoriasis like cases are almost in association with mental stress!! So are you supposed to treat eczema alone? or are you supposed to treat the eczema and the mental stress by two different specialists??

You need to understand the patient as a whole as the body is made up from one cell; everything is interconnected. No single disturbance strictly confines to the single organ or tissue. The tunnel or focal allopathic vision (like cardiologist, dermatologist, nephrologist etc.) is not allowed. This is the proof that whatever Hahnemann has advised stands true even after 250 years!!

We can't have the sole claim to cure disease/illness as allopathy is also a medical science; it can cure. But as no science is complete, when there is no diagnosis, idiopathic diseases, genetic diseases, incurable diseases etc. are the areas where allopathy almost never works curatively.

There is a diff. between the sickness and disease. Sickness is an alteration of the harmony of health and disease is the naming or diagnosis of the illness. Hahnemann was an allopath and he knew all the pitfalls and thus he went deeper and tried to treat the sick person, not the disease.

1. Widal test in Typhoid comes positive, a week after the infection. So the patient was sick for a week before you treat him with allopathy where it is almost must to document the diagnosis. Can you treat them with allopathy in that week? No!! This again falls into the scope of homeopathy. Homeopathy has a phenomenological approach where you need to dig out symptoms and once if you have symptoms - you can surely prescribe, doesn't matter whatever the diagnosis is.
2. Homeopathic medicines act well also in 'so called incurable diseases' where such cases have been recorded cured in our literature. Homeopathic treatment boosts up the immunity/vitality to effect a cure. So we can conclude that homeopathic treatment is immunomodulator. Such cure is very difficult to achieve.
3. Diseases where allopathic medicines are needed for the long-term, treatments like

Hypertension, Epilepsy, etc. can allopathy cure them successfully? Body is aware with the symptoms, not to the cause, where allopathy treats only the symptoms not the cause in such cases which is an essential part for effecting a cure. These can be treated successfully by homeopathy especially when they are uncomplicated by the prolonged allopathic dosing since the prolonged dosing will mask many homeopathically important symptoms, where we should have the clear strategy to deconfuse the already confused case.

Homeopathic science has been tested again and again and has been found highly effective in the treatment of both acute and chronic illness. We read from our books that our old masters were able to treat cure acute cases like pneumonia, appendicitis, typhoid fever etc. Today, we also get cure but the percentages are very low compared to the good old days, why? Even our studies of *Materia Medica*, *Organon* & *Repertory* as well as our medicines are the same!!

The answer is **WRONG APPLICATION OF OUR PRINCIPLES**. I hope you will agree. This is one of the main reasons where homeopathy is too frequently blamed because of the incompleteness of a homeopath. Thus people know our homeopathic medicines for cough & coryza, but it actually works in acute & life threatening diseases also, where we need to give an objective prescription. We have to enlighten the people about the efficacy of homeopathic treatment even in such

cases where we need to go back to basics and find the way as our stalwarts did it.

In today's homeopathic practice, miraculous results are now 99% imaginary. So we have diverted towards allopathy or polypharmacy. Combinations have destroyed homeopathy. Combinations will make you lazy (you can't prescribe as they are not even proved! There is only one *similimum*, there is no surrogate, each and every remedy is unique and irreplaceable. So we don't see cures but we see removal of symptoms. This is a failure on the part of homeopath to find the correct remedy. We all study homeopathy and even get good knowledge; still we are getting diverted, why? Because it is knowledge without clinical correlation & practical application. Without clear concepts it will surely get washed away. To know the path and to walk on the path are two totally diff. things; to know the path is knowledge and to walk on the path is experience.

People are having a belief that homeopathy takes long time to act which is a wrong belief. You can counsel that if you have asthma, blood pressure or any psychosomatic disease; then the treatment will be very short compared to your life-long medication. A patient having hypertension has to take allopathic medicines life long and he is complaining to take homeopathic treatment for one or two years! **HOMOEOPATHY IS NOT A SCIENCE OF ACTION; IT IS A SCIENCE OF REACTION**. It is a clearing mechanism, where vital force is throwing the toxins out which should be allowed after the administra-

tion of a correct homeopathic remedy. This wrong belief about the slow action of homeopathic medicine is created by none other than half heartedly practicing homeopaths only!

Another common false belief in people is what the homeopathic medicines are having? Homeopathic medicines are having ENERGY. We transfer the energy from the animals, plants, minerals etc. in to our homeopathic medicines through the process of potentization and we need to provide such energy to the patient who needs it. Such need of a live vital force is reflected to us in the form of symptomatology and individualizing symptoms. Our homeopathic medicines are acting on the dynamic plane, to help dynamic force, to fight against the dynamic sickness. *Ac.* To the Scientist JOULE'S LAW - Energy can neither be created nor be destroyed but it is only possible to transfer from one form to other form. That is exactly what is happening in the process of potentization. This we need to show to people and we need to realize them that homeopathy is not placebo effect.

Again there is a belief that there are no side effects of homeopathic medicines. It is partly true. Homeopathic medicines have no side effects on any organ or a part of the body, but it modifies the symptom complex in a case after a dissimilar or partial similar medicine. Then you do not get the exact symptomatology required and then you are going away and away from a correct homeopathic medicine and ultimately you will have a confused case. So stop throwing remedies at patients. You have to justify yourself with

laws whatever you do, as it is a science. Hypothetical approach is not valid.

The role of homeopathy as preventive medicine is not exactly observed. The best guide for us to prescribe a homeopathic medicine is symptoms. In prevention, where are the symptoms? You can prescribe a medicine when you have symptoms, but how can you prescribe a medicine when you don't have symptoms? Take Thuja, to prevent small pox! Take Hypericum or Ledum, to prevent Tetanus! Take Phosphorus, to prevent the bleeding from gums while tooth extraction! If you take Phosphorus and if you go for the tooth extraction - forget about prevention, you may bleed more because of proving! These are clinically verified symptoms; doesn't exactly come from source. The reliability of these symptoms is doubtful! This is one of the most impressive but undeveloped areas in homeopathy. We, the same blooded people need to do DOUBLE BLIND STUDY WITH THE DETAILED CLINICAL RESEARCH AND STATISTICAL ANALYSIS OVER A PERIOD OF ATLEAST 10 YEARS TO FIND IT'S EFFICACY and IN SUCH A GIANT TASK, GOVERNMENT SHOULD ALSO SUPPORT US. If the study of homeopathy in the preventive purpose is successful, then we may think it as a best alternative for the vaccinations.

Homeopathy has almost no research today. As we know that all the homeopathic medicines are proved on healthy human beings. The aim is to get the slightest alteration of health mainly mental symptoms.

Subjective symptoms are the first symptoms that develops as an alteration of the health. After the development of the objective symptoms, we discontinued the proving when the pathological changes start to appear. But instead of it, if we need to upgrade our science - we have to prove these drugs more on animals, even in fatal doses! So as to get more and more objective symptoms, then it may show a different field of homeopathy beyond horizon.

Again in 21st century, we are relying on pharmacist about the authenticity of our medicine, as we don't have any laboratory tests or a procedure where we can document that this is Gels. 200c or Aconite 1M. We need to create an energy spectrum where we can note the energy generated by a remedy to prove its authenticity. We are working at the energy level and all the scientists are trying to find the medicinal property at the physical level, which they don't get and they say that homeopathy is a placebo effect. E.g. all scientists are saying Nat. mur is a common salt, which we use daily, how can it be curative in many diseases? How can you explain them scientifically? Homeopathic medicine is far beyond the deepest physical property and all scientists are looking for it physically, but we need to show it. As a prism shows a color spectrum according to the energy pattern from a sunray, in the same way we need to create an instrument with which we can show the energy generated by a homeopathic medicine. If it is there, then should be available to every common home-

opath. We have to produce it by any means, as it is high time.

We know that there is lots of missed information and for many other reasons we need to do reprov polychrest drugs and prov the partially proved remedies. The biggest mistake our stalwarts have made unknowingly is that they have not created *Materia Medica* as per the chronological order of symptoms. Our repertory has been enriched with much impure information and we fail taking it in to consideration for the prescription. We need to purify that anyhow even though it is a Herculean task. Don't go for new information, construct & consolidate what you have. If you want to prove new medicines, prove the natural substances, which we are using daily like mother's milk, fat etc.

We are having too much information and too much fluctuation; but we need to develop methods to remember it as nobody's brain will able to remember all the information. Go to essence, the real crux of the topic & get it digested in your heart and apply it in your practice, then you will be able to see the miracles with it. Homeopathy is complete, Homeopath is incomplete. A proper cure is possible by only one way and that is with principles. Without following principles, the power of a potentised medicine is extremely difficult to control. We as vitalists, should say that a doctor's job, a healer's job, is to work with the system and not control it but guide it. As per Hahnemann, the meaning of the minimum dose is the maximum dose for that organism i.e. that much exact quantity which

is needed. Little more than that can cause aggravation. Always remember first Hippocrates' maxim - HEALERS DO NOT HARM.

As we all know that it is a common tendency for a homeopath who wants to practice, is to practice in an urban area, never in a rural area. Why? Because they are afraid that their practice will not run? But who has dared to do it? Modern medicine is almost in every home of a village. Allopathy is known to every common men/women; do they know homeopathy? We need to go to each and every village, give results and let the people get aware of the cheapest, most modern, least harmful and most scientific mode of treatment. We need to change the mentality of future generations if we want to make the future brighter, higher and stronger.

We need to document the theory of vital force as it is not documented yet. We, the homeopaths and modern people know that it is there but what about its scientificity and authenticity? I remember a sentence quoted in an article 'entanglement & homeopathy' of a journal named homeopathy (formerly known as British Homeopathic Journal), April '05 that 'if you want to survive, you have to kill your father'. This suggests that we need to change the thoughts as the time changes.

There are areas like acute case taking where we don't have a clear strategy about the points to be followed. Guidelines are there but no fixed, rock solid mark upon which we can prescribe. Almost all the homeopaths will

arrive at a ditto medicine as a prescription even in a same case! Science always has fixed principles for the prescription, why so in homeopathy? Same thing is there for the potency selection for the prescription. This shows that there are several lacunas which we need to correct. We also do not have a data with which we can know when to stop antiepileptic or antihypertensive medicine, there are no fixed principles.

Hahnemann was an allopath and thus he became a successful homeopath. So the importance of diagnosis and investigations is equally important As it is the oldest science, not a single sciences is complete, but knowledge of all the science will enable us to guide the patient in a proper direction.

If we start working whole heartedly in a proper way and if we correct our pitfalls, then I feel that the time is not too far when homeopathy will be considered either equal or even superior science than allopathy because where allopathy works, homeopathy equally works but where allopathy ends, homeopathy still works. Opportunities are many but the occasions are few. We need to serve our science with the help of the fanatic lovers of homeopathy whose heart is beating for homeopathy.

**Jay Hahnemann. Jay Homeopathy.**

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