



# Yes! I am proud to be a Homoeopath... "HOMOEOPATHY IS MY LIFE".

**ABSTRACT:** Here, I am going to share with you my deepest feelings of Homoeopathy. When Dr Vishpala Madam (Editor, NJH) came up with an idea of "Student NJH" - I got very excited as I got an opportunity to share something which has been absolutely unexpressed till date. I have moulded this article in my feelings in such a way, that it can be easily understood by the neophytes of Homoeopathy, because I wanted to get best out of me.



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## HOMOEOPATHY IS A COMPLETE SCIENCE

Hippocrates – Father of Modern Medicine, William Harvey – Father of Circulation, Robert Koch – Discoverer of Tuberculi bacilli (Thus Tuberculosis is also called Koch's lesion) etc and many other scientists have seen the objectivity of nature and thus created the science called **Allopathy**. Thence we say Allopathy is primarily *Objective science*. Hahnemann as an allopath, had seen the objectivity of nature, and later with an attempt to understand nature he perceived its subjectivity and invented a new science called **Homoeopathy**.

According to Hippocrates – A **MEDICAL SCIENCE** is based on **FACTS and LAWS**. The facts in Homoeopathy are *Proving of drugs* and the laws in Homoeopathy are *Similia Similibus Curentur, Cardinal principles, Nature's Law of Cure* (Aph: 26) and

Hahnemann had the idea that **PROVING** on animals will allow a lot of subjective information lost; so he changed the idea and proved it on healthy human beings. Thus Hahnemann has given more importance to subjectivity while proving of drugs, as the subjectivity differs from person to person; hence Hahnemann has advised us to treat the sick person not the disease, which finally leads to the concept of Individualization (Aph:82).

We can proudly say that Homoeopathy is a **COMPLETE** science as it has full and detailed record of the symptoms ie subjective and objective, with modalities, causative factors etc. Our medicines are

proved on healthy human beings (unlike Allopathy). These various types of information are used for our prescription.

## HOMOEOPATHY IS A HOLISTIC SCIENCE

Homoeopathy is a holistic science; a human science. We always have to consider an element of humanity. Our Homoeopathic medicines have the power to bring back health without any manual intervention even in deeply deranged cases. This is a miracle!!!

*A person comes to you with ten problems and you are treating him with only one medicine without even touching him!* To the best of my knowledge – Homoeopathy is the only science which has a capacity to do this in this 21<sup>st</sup> century. What you need to do is just get the **RIGHT** simillimum according to easily comprehensible principles (Aph: 2) and rest will be done by medicine as it acts unconditionally (Aph:32). Just requires dedication and sincerity and love for patients.

## HOMOEOPATHY IS A (w)HOLISTIC SCIENCE

Homoeopathy does not treat disease but it treats Diseased Individuals (Aph: 81 foot note). Hahnemann was a vitalist who was studying life. He had the idea that a symptom or pathology is not only related to one parts of the body; it can be related to many part of the body. As body is made up from one cell – whatever symptoms appear even though in different parts of the body, they are scientifically interconnected.



You need to understand the patient as a whole. Body is an indivisible whole in their sensations and functions (Aph: 189). No single disturbance strictly confines to the single organ or tissue (Aph: 185, 191), as symptoms are known as outwardly reflected picture of the internal essence of disease; an affection of the vital force (Aph:7). the tunnel or focal allopathic vision (like cardiologist, dermatologist, nephrologist etc) is not allowed. This is the proof that whatever Hahnemann has advised stands true even after 250 years!!

This is the best advantage of Homoeopathy as whether the cause is known or unknown – it will be destroyed; which Dr Hahnemann has said it as an “INVISIBLE HIDDEN INTERIOR (CAUSA MORBI)” (Aph: 6Foot note). This is the reason why people say that Homoeopathy treats permanently (Aph: 25, 26, 109 Foot note, 190).

#### NO RESISTANCE OF HOMOEOPATHIC MEDICINE

At the time of Hahnemann – they were treating cases of eczema, scabies’ and other relatively superficial disease and now almost after 250 years after – you can see the cases of deep neurological, psychiatric, neuromuscular disorders like muscular dystrophies, multiple sclerosis, AIDS etc which were not there in their time. So you can see that a human health is so much deteriorated over a period of 250 years!! But still you can see that at the time of Hahnemann – single medicine was enough to cure and even now that single medicine is equally effective.

So these 250 years of observation suggests that Homoeopathy is able to work throughout, even though the human health has been so much deteriorated probably with so much abusive drugs and vitiated environment!!

#### WHAT DOES THIS MEAN?

In Modern Medicine – the first antibiotic invented was Penicillin, then bacteria developed resistance to it and then next generation antibiotic and so on, where today they are using cefixime, ceftriaxone and still more broad spectrum and yet they develop resistance to it.

**HAVE YOU EVER HEARD THE WORD RESISTANCE OF A HOMOEOPATHIC REMEDY?** Never!! Almost never. Even the medicines prepared 250 years ago are still working without any expiry date!! This suggests that Homoeopathy is not against nature. It is a part and parcel of nature; it will stop working only if the nature changes (Aph: 26, Aph: 119 foot note, Aph: 145 foot note).

#### HOMOEOPATHY IS THE FASTEST SCIENCE:

Homoeopathy is the fastest science in the world and you can see it in your day to day practice, if you apply it correctly ie if you get simillimum rightly.

These miracles won't be seen in those Homoeopaths who practice Homoeopathy Allo-pathically. A common tendency of a Homoeopath - to prescribe very hastily without following principles. Dr Hahnemann has called them “Mongrel Sect” (Aph: 149 foot note).

But with proper knowledge (Aph: 3), proper case taking (Aph: 84 – 99), getting totality of symptoms (Aph: 7 and 18) and forming a portrait of disease (Aph: 6) and making a proper individualization (Aph: 82, 119 foot note) - miraculous results are at your doorstep (Aph: 24, 68, 145). This stands true in acute disease (Aph: 149) as well as in chronic disease (Aph: 148).

This is purely subjective and it's application varies from person to person. I would suggest that “A Homoeopath should have Patience, Positive attitude and Perseverance to be on the path of success”. “Homoeopathy is complete but the Homoeopath is incomplete.” Books can give you a basic framework but its application is totally practical. Thus, I would recommend to all neophytes of our fraternity to sit with a Hahnemannian Homoeopath to learn the application of principles into practice.

People have a belief that Homoeopathy takes long time to act; it is a wrong belief. ‘Homoeopathy is not a science of action; it is a science of reaction’. Nobody can predict the response from the organism. It is a clearing mechanism, where vital force is throwing the toxins out which should be allowed after the administration of a correct Homoeopathic remedy.



Homoeopath tries to hide his mistakes by putting his blame on Homoeopathy (Aph: 149 foot note). *This wrong belief about the slow action of Homoeopathic medicine is created by none other than the half heartedly practicing Homoeopaths only!!*

### HOMEOPATHY IS THE CHEAPEST SCIENCE

People have been exhausted taking Allopathic Medications (Aph: 74), A specific line of treatment (Aph: 104 footnote), never cures (Aph: 149) and on the contrary they deteriorate human health more badly (Aph: 149 footnote).

This will never, I say, never happen with Homoeopathy as you are curing a person permanently from his one or ten diseases with just three or four drops of similimum and from then on he will enjoy his highest level of health!!! This is just amazing and beyond human imagination.

What I feel is that the cure we are effecting is absolutely immaterial and we are comparing it with the material amount, which I feel is an insult to Homoeopathy. Money is equally important; so one should charge fairly, but I feel that "Acceptance of Homoeopathy in masses will surely increase national economy."

### MANY AREAS OF RESEARCH

I urge all my colleagues, enthusiastic Homoeopaths to contribute something to the fraternity of Homoeopathy. There are many areas of research like Remedy relationship, Posology, Proving on lower animals to get maximum objective symptoms, authenticity of Homoeopathic medicines, Pathological Prescribing etc.

"Such Researches may show a new world of Homoeopathy beyond horizon!!"

My friends, Homoeopathy HAS A LOT OF MONEY only if you apply principles of Homoeopathy correctly

in your practice, as three to four drops of similimum will cost nothing while you can charge anything.

If you apply your principles properly, then you can become a quality-oriented Homoeopath rather than quantity-oriented. Each case is a new world to enter; every case is a new challenge; it is very tough task to perform. I feel that "There is only one big difficulty with Homoeopathy ie it is very difficult to master".

Hahnemann was an allopath and thus he became a successful Homoeopath. So the importance of diagnosis and investigation is equally important. Allopathy is the oldest science. Not a single science is complete, but knowledge of all the sciences will enable us to guide the patient in a proper direction.

If we start working whole-heartedly and if we correct our pitfalls, then the time is not far when Homoeopathy will be considered equal or even superior than Allopathy because where Allopathy works, Homoeopathy equally works but where Allopathy ends, Homoeopathy still works.

"Opportunities are many but the occasions are few." We need to serve our science with the help of the fanatic lovers of Homoeopathy whose heart is beating for Homoeopathy.

Thus, I must recommend all the budding Homoeopaths to read last paragraph of the preface of 1<sup>st</sup> edition of Organon by Dr Hahnemann.

LET US BOW DOWN INTO THE LOTUS FEET OF OUR FATHER AS 2<sup>ND</sup> JULY IS THE 164<sup>TH</sup> DEATH ANIVERSARY OF THE MOST SCIENTIFIC GENIUS EVER LIVED!!!

What stubbing, plowing, digging, and harrowing is to land, that thinking, reflecting, examining is to the mind. Each has its proper culture; and as the land that is suffered to lie waste and wild for a long time will be overspread with brushwood, brambles, and thorns, which will not fail to sprout up in a neglected, uncultivated mind, a great number of prejudices and absurd opinions, which owe their origin partly to those seeds which chance to be scattered in it by every wind of doctrine which the cunning of statesmen, the singularity of pedants, and the superstition of fools shall raise. -Berkeley.



## An Introduction to repertory

**ABSTRACT:** *Repertory is our chief instrument of precision. True, some men do some good work without repertory, but they also do poor work, more than they would do with it. A self-made artisan may be a very useful man although ignorant of the theory and most advanced methods obtaining in his line of work, but he can never measure up to the man whom education and thoroughness of method has made an expert.*



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The "scientific method" is the mechanical method; taking all the symptoms and writing out all associated remedies with grading, making a summary with grades marked at the end. There is an "artistic method" that omits the mechanical and is better, but all are not prepared to use it. The artistic method demands that judgment should be passed on all the symptoms, after the case is most carefully taken. The symptoms must be judged as to their value as characteristics, in relation to the patient; they must be reviewed by rational mind to determine those which are strange, rare and peculiar.

The artistic prescriber sees much in proving that cannot be retained in the repertory, where everything must be sacrificed for the alphabetical system. The artistic prescriber must study *Materia Medica* earnestly, to enable him to fix sick images in his mind which, when needed, will infill the sick personalities of human beings.

No such things as infallibility in prescribing will ever be attained, but he who uses his repertory faithfully and intelligently and no one can do that without equal fruitfulness and intelligence in his study of *Materia Medica* – will inevitably reap his rewards in results and in that peace of mind that comes with an approving conscience.

Homeopathy is, from the beginning to end an "Art of Individualization" (Aph 82). We have to individualize our remedies as well as our patients. As there are no surrogates (Aph 119 Foot Note). It must be kept in mind that to allow our conception of remedies to be limited by nosological terms will hinder us from utilizing remedies to the fullest. To get the greatest good from the *Materia Medica* – we must recognize our remedies as powerful curative agents ready to serve us in any case, no matter what the name of the disease or what the laboratory findings are. The use of the repertory is one

of the higher branches of our art and before it can be mastered. The laws governing the homeopathic treatment and cure of the diseases given in *Organon of Medicine* and *Chronic Disease* by Hahnemann must be mastered. I firmly believe that if homoeopathy is to survive in this age of therapeutic nihilism, when so many ill practices are being fostered as Homeopathic, its survival will come from a comprehensive study of the *Organon*.

Samuel Hahnemann in Aphorism 153 Footnote has very much appreciated repertorial work of Dr Von Boehning-hausen especially in Intermittent Fever in Aphorism 235 Foot Note.

What I feel is that "Every Homoeopath should be his own *Materia Medica* maker". I think you will be amply repaid for the time given to a careful study of this analysis, not only for the usable knowledge of the remedies that you will have acquired, but also and perhaps, of the greatest importance – the help it will be to you in enlarging and compiling your own *Materia Medica*.

The repertory was not discovered to replace *Materia Medica*. We cannot stress enough that the repertory can never replace our constant study and use of the pathogenesis of our remedies. It should be used as an index to lighten the task of memory in storing that vast symptomatology of our remedies.

Repertory, *Organon* and *Materia Medica* are the pillars of Homoeopathy and are deeply interconnected. "Nobody can be successful ignoring basics". Source books are the tools and need to be studied thoroughly in order to become true, Hahnemannian Homoeopath. One must remember that even the stalwarts have become popular and successful only by reading the source books.

**All the very best to all you budding homeopaths!  
Jay Hahnemann. Jay Homeopathy!**